



MODELS

Laguna
Palomar

QUICK START GUIDE

HARDTAIL RIM BRAKE



WELCOME TO THE GT FAMILY

Ok, let's get to the point....We want to get you out riding your new GT. Our simple assembly process makes it possible to use your skills to assemble your GT on your own, and it's even easier to do with a friend. This guide will walk you through the steps, and you can also follow along with a video as you build your bike, **visit: help.gtbicycles.com**

Still have questions? GT rider support staff are ready to help you. Feel free to give 'em a ring at **(800) 245-3872** a great source of help is at your local GT retailer or other professional bicycle retailer.

Don't forget to tag **#gtbicycles** in your social media when your new bike is all assembled and ready to ride. We can't wait to check it out.



This is a Quick Start Guide, intended to accompany the assembly video, not an Owner's manual.

Bicycling is an active sport with inherent risk. A wide range of injuries are possible. Due to the nature of bicycle riding, the situations you encounter while riding, you will be exposed to the risk of serious injury, paralysis or death. This risk cannot be eliminated. You can minimize the risk in many ways. Begin by reading the complete GT Bicycle Owner's manual accompanying this bike and available online at www.gtbicycles.com.

THE 4 MAJOR STEPS TO GETTING YOUR BIKE READY TO RIDE



1. INSTALL HANDLEBARS



SETUP

2. INSTALL SEAT POST



STEP 1

3. INSTALL THE FRONT WHEEL



STEP 2

4. INSTALL PEDALS



STEP 4

CONGRATS!

GETTING YOUR BIKE READY FOR ASSEMBLY

- + This video applies to assembling most GT hardtail mountain bikes equipped with rim brakes.
- + First, open the box with a screwdriver. Be careful of the staples. Pull the seat out and set it aside for later.

Inside the box, you'll find a smaller box of parts, tools and manuals. Once you have assembled the bike, but before you ride, please read the owner's manual.

- + First, remove the front wheel from the packaged bike by removing the zip ties and/or velcro. Then remove all additional packaging.
- + Lift the bike up and set the rear wheel inside of the box, with the fork hanging off the frame.



TOOLS NEEDED

- Pliers or Screwdriver
- Philips head Screwdriver
- Boxcutter
- Cable Cutters or Scissors
- Torque Wrench
- Allen keys
- Pedal Wrench



SETUP

STEP 1

STEP 2

STEP 3

STEP 4

CONGRATS!

KEY PARTS OF THE BIKE REFERENCED IN THIS GUIDE



SETUP

STEP 1

STEP 2

STEP 3

STEP 4

CONGRATS!

STEP 1

INSTALL HANDLEBARS

1. Using the included Allen wrench, remove the bolts and the faceplate from the stem. The stem is what connects the handlebar to the fork. Set them aside together, so you don't lose anything.
2. Insert the handlebar into the stem, and put the faceplate back on, loosely tightening one of the bolts.

Ensure that the brake and the shifter cables wrap around the frame in the correct manner. You don't want any kinks or twists. Center your handlebar in the stem using the markings on the bar.

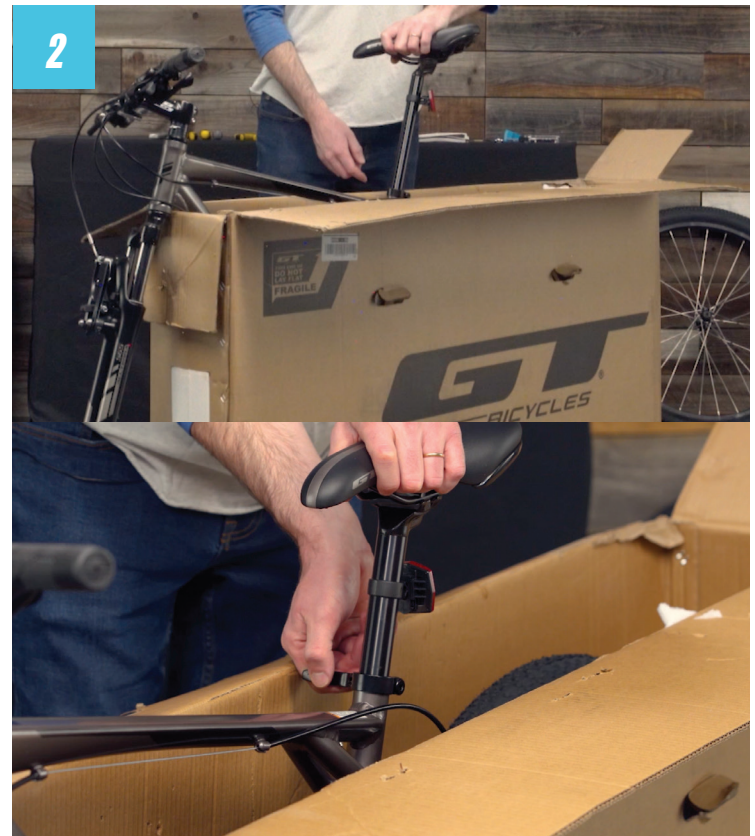
3. Screw in the remaining three bolts in a crosswise fashion. Don't tighten them down fully yet. Roll the handlebars into a comfortable position, then hand-tighten the stem bolts with the Allen key. We'll fully tighten these later.
4. Ensure that the gap on the faceplate is the same on the top and the bottom of the bar.



STEP 2

INSTALL THE SEATPOST

1. Insert the seatpost into the frame. Locate the minimum insertion line on the seatpost. Insert the seatpost into the frame, taking care insert it beyond the minimum insertion line. Align the seat with the top tube.
2. Tighten the seat collar snugly for now.



STEP 3

INSTALL THE FRONT WHEEL

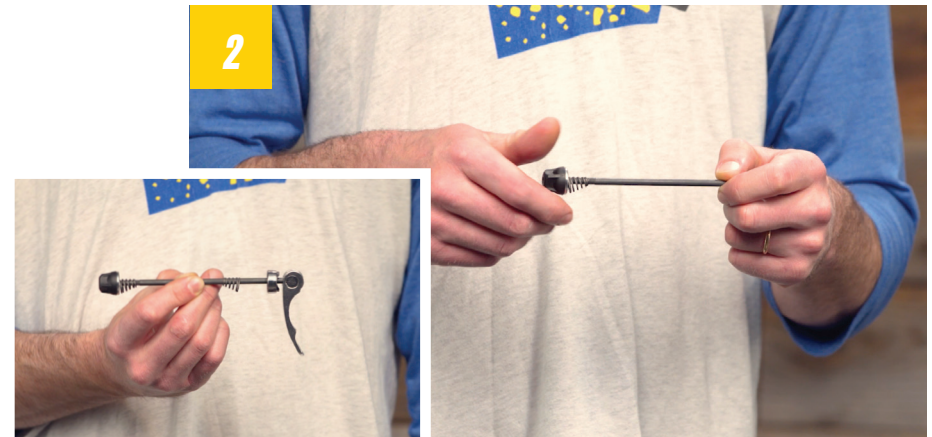
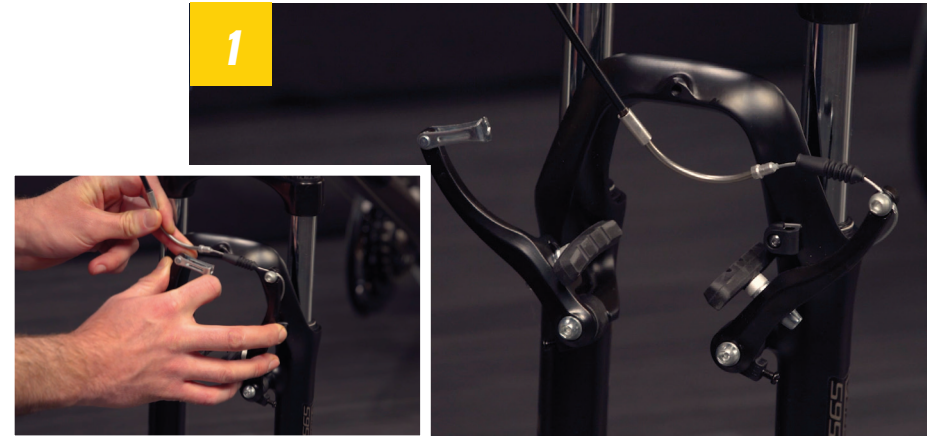
1. First, make room for the tire by squeezing the brakes together and releasing the brake cable. This will spread them open to allow the tire to slide in easily.
2. In the parts box, you'll find the quick-release skewer. The quick release has an adjusting nut, two springs, and the quick release lever.

Unscrew the adjusting nut on the end and remove one spring.

3. Determine the direction that the tire is supposed to spin, by looking at the side wall of the tire for the direction arrow.

Insert the quick-release skewer through the left-hand side of the wheel. Reinstall the spring, ensuring the small end faces inside, then lightly screw on the adjusting nut.

The order should be: adjusting nut, spring, the wheel, another spring and the quick release lever.



STEP 3

INSTALL THE FRONT WHEEL

4. Roll the tire into the fork and set the fork dropouts down onto the axle. Ensure the quick-release lever is on the left-hand side of the bike.
5. If it's too loose, open the quick release lever back up, tighten the adjusting nut more and then close the quick release lever again. Make sure the quick-release lever is below and behind the fork.
6. Re-attach the brakes by squeezing them together, then sliding the cable back into place.

Give the brakes a quick check, then slide the rubber protector back into place.

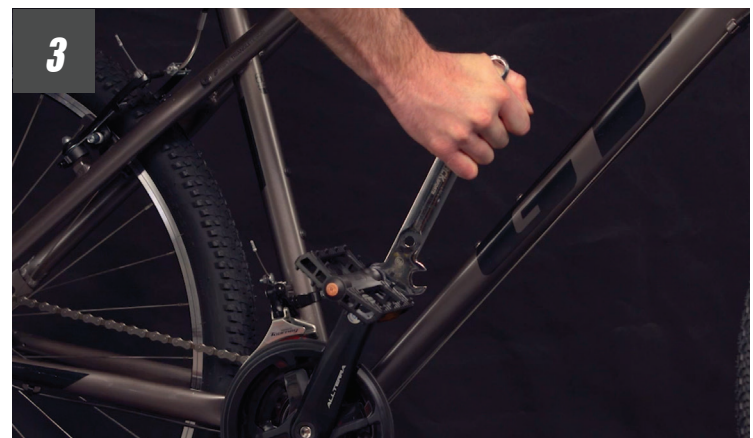
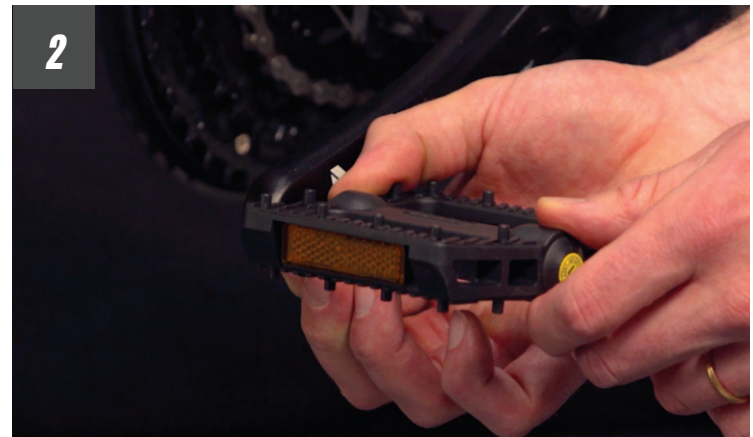


STEP 4

INSTALL PEDALS

PEDALS MAY OR MAY NOT BE INCLUDED WITH YOUR BIKE'S BUILD.

1. Next, install the pedals. Locate the left and right stickers on the crank, and also on the pedals.
2. Screw the pedals in the direction of the front wheel.
3. Tighten both pedals very firmly using the pedal wrench included in the box.



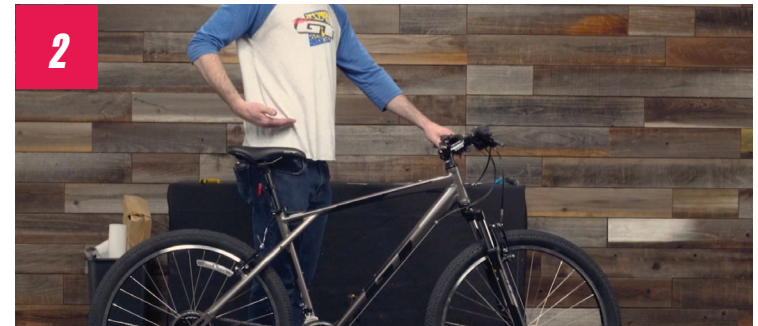
CONGRATULATIONS! **YOUR NEW GT BIKE IS NOW ASSEMBLED**

BEFORE YOU RIDE, IT'S IMPORTANT TO PERFORM A FEW PRE-RIDE CHECKS.

1. Double-check the tightness of your seatpost clamp and adjust if needed. You'll know it's tight enough when you have to push it firmly for it to close.
2. The proper height of your bicycle seat is about where your hip is. Stand next to the bike, loosen the quick-release collar, then pull the saddle up or down, so it's about where your hip is, and tighten it up. The saddle will probably be the same height as your stem.
3. Sit on the bike to verify saddle height, holding the brakes to make sure that it doesn't move. When your leg is fully extended, it should have a slight bend in it.
4. Using the provided torque wrench, tighten the stem. First, select the correct bit and install it into the wrench.

Tighten each stem bolt in that same crosswise fashion as before. Look for the torque specification markings located on the front and back of the stem, as well as on the seatpost.

If these markings are absent, torque all stem bolts and seatpost bolts to 7 Nm.



SETUP

STEP 1

STEP 2

STEP 3

STEP 4

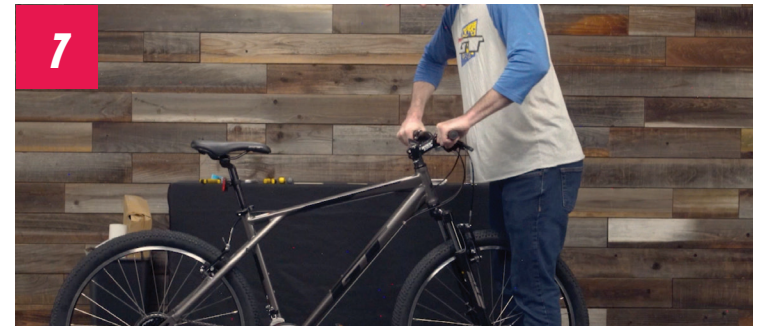
CONGRATS!

CONGRATULATIONS! **CONTINUED...**

5. Double check that your quick release is tight. When you close the quick release lever it should leave a mark on your hand.
6. Make sure your reflectors are tight and positioned correctly.

The rear must point straight back, and the front must be perpendicular to the ground.
7. Next, secure the front wheel between your legs and twist the handlebars with your hands. If the handlebars and the front wheel move independently, your stem fixing bolts are not quite tight enough.
8. Check the front brakes to ensure that they don't pull back too far. There should be a gap between a fully compressed brake lever and the grip. Ensure that the brakes are functioning properly by rolling the bike back and forth slightly while squeezing the brakes, making sure they grip.
9. Inflate the tires to the manufacturer's recommended pressure, which is marked on the side wall of the tire.

HAVE FUN!



OUR STORY

Since 1972 GT Bicycles has proudly been developing bikes, for every type of rider, with a consistent mission. That mission is the same reason everybody throws a leg over their very first bike – pure fun, plain and simple. GT Bicycles remains true to sharing the stoke on two wheels which the brand was founded on because, after all, you can't have Good Times without 'GT'!

FOLLOW US ON   

@gtbicycles / @gtbmxfreestyle



